

RESOLUTION: SA II/B
COUNCIL: Council of Arab Social Affairs Ministers
TOPIC: Formulating ways to increase access to mental health care resources, with a focus on treatment for post-traumatic stress disorder related cases of people from zones of conflict.
SPONSORS: Egypt, Saudi Arabia, Oman

Keeping in mind the vast amount of individuals who suffer from mental illnesses,

Realizing the importance of the publics' awareness and perception of mental illnesses, and

Expressing the utmost concern for the youth population, as well as their contribution to the future of mental health,

Be it hereby resolved that the League of Arab States:

1. **Creates** The Independent Committee of Knowledge and Teaching Organization of Kindness (TICKTOK);
2. **Begins** a second subsidiary regulatory committee to organize and oversee the production of educated health professionals via,
 - a. The production of a committee, Mental Education to Materialize Effort (MEME),
 - i. Funding to be determined by the economic council,
 - ii. Determining benefits of pursuing a higher-level career in psychology, such as,
 1. Student loan repayment,
 2. Study abroad opportunities,
 3. Other monetary incentives to be determined at the will of each participating country,
 4. Opportunities to work "on field" with internships/jobs directly where their talents are most needed, such as refugee camps,
 - b. Determining the benefits of pursuing a higher-level career in psychology, such as,
 - i. Student loan repayment,
 - ii. Study abroad opportunities,
 - iii. Other monetary incentives to be determined at the will of each participating country,
 - iv. Opportunities to work "on field" with internships/jobs directly where their talents are most needed, such as refugee camps;

3. **Designates** the creation of Phase I and Phase II approach, to be kept up to date within five (5) years post-implementation to manage progress and program success,
 - a. With Phase I focusing on the de-stigmatization of mental health via TICKTOK,
 - b. With Phase II focusing on the production of educated health professionals via MEME;

4. **Establishes** a subcommittee under TICKTOK, which provides funding to public schools to educate primary and secondary students on the symptoms of mental illness and how to treat them,
 - a. Creating health classes in public schools for primary, middle and higher schools to help educate the youth on mental illness,
 - b. Regulating public education courses, to include study abroad opportunities, on mental health to help promote careers in psychology, psychiatry, etc.,
 - c. Schools will offer courses on topics of psychology in order to expose students to fields in psychology to ‘debunk’ some of the incorrect stereotypes surrounding mental health;

5. **Further Establishes** a second subcommittee under TICKTOK tasked with creating a public service campaign to educate the general public on the symptoms, causes of mental illness, and resources available for individuals with mental illness,
 - a. Provide pamphlets and flyers to community organizations, schools, and health facilities,
 - b. Independent of each countries’ government,
 - c. Facilitate conferences for professionals; and

6. **Recognizing** the inherent importance of understanding post-traumatic stress disorder (PTSD), especially in war-torn areas,
 - a. By providing special topic counseling and seminars to those already within the field of psychology, teachers, or those newly coming into the field of psychology, incentivizing certain areas of study, including,
 - i. Post-traumatic stress disorder,
 - ii. Correlated mental health issues, such as anxiety and depression;
 - b. Encouraging higher level courses focusing on post-traumatic stress disorder, including special training within the area of PTSD,
 - c. Sending higher education psychology students to refugee camps to help those affected by mental illness including and not limited to PTSD, anxiety disorders, and depression.

Signatories: United Arab Emirates, Bahrain, Algeria, Venezuela, Palestine